

Cultivating Soil Health



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Cultivating Soil Health

Allen Philo

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Cultivation vs. Soil Health

- Cultivation
 - Need to remove weeds without hindrance
 - Disturbs soil, destroys aggregation
 - Burns organic matter
- Soil Health Practices
 - Cover Crops create residue
 - No-Till (Roller Crimped Rye method) reduces yield or doesn't work with all crops
 - Living mulches hard to establish/maintain

It is possible. . .



















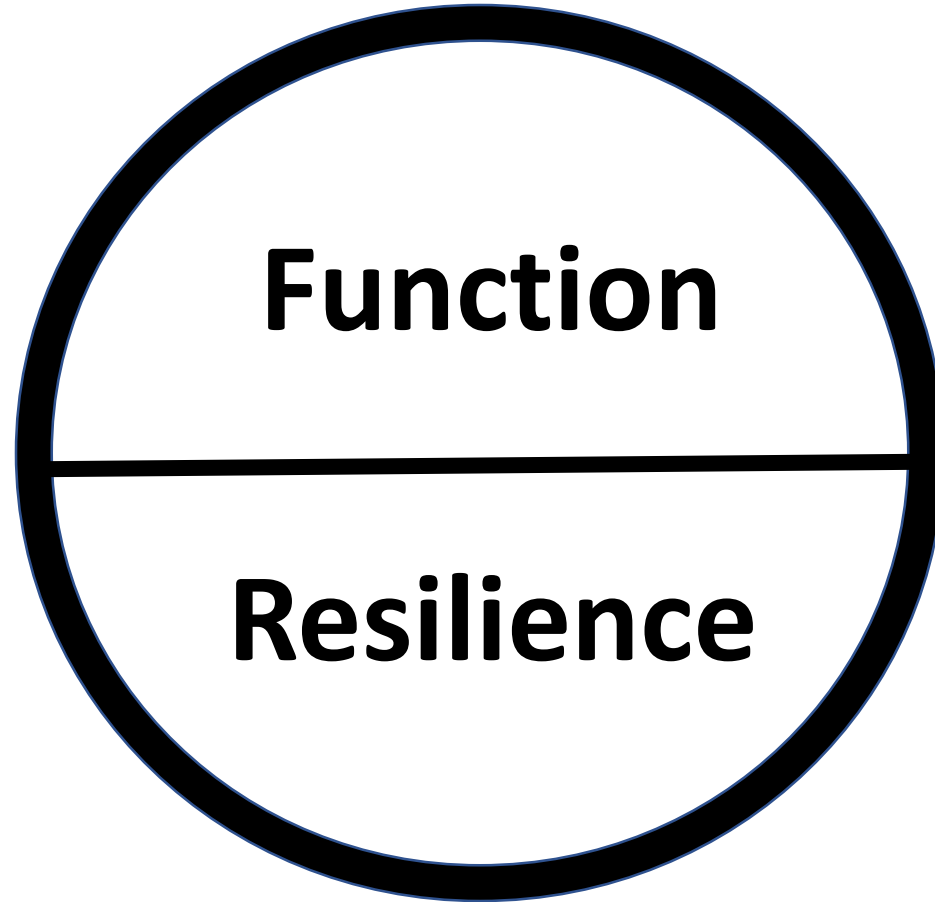
Cultivating Soil Health

- What is soil health?
 - Definition
 - Practices
- Cultivation
 - Goals
 - How damage occurs
 - Methods - Principles
- Ideas for best practices
 - Reducing damage
 - Repairing damage



Soil Health

What is it?

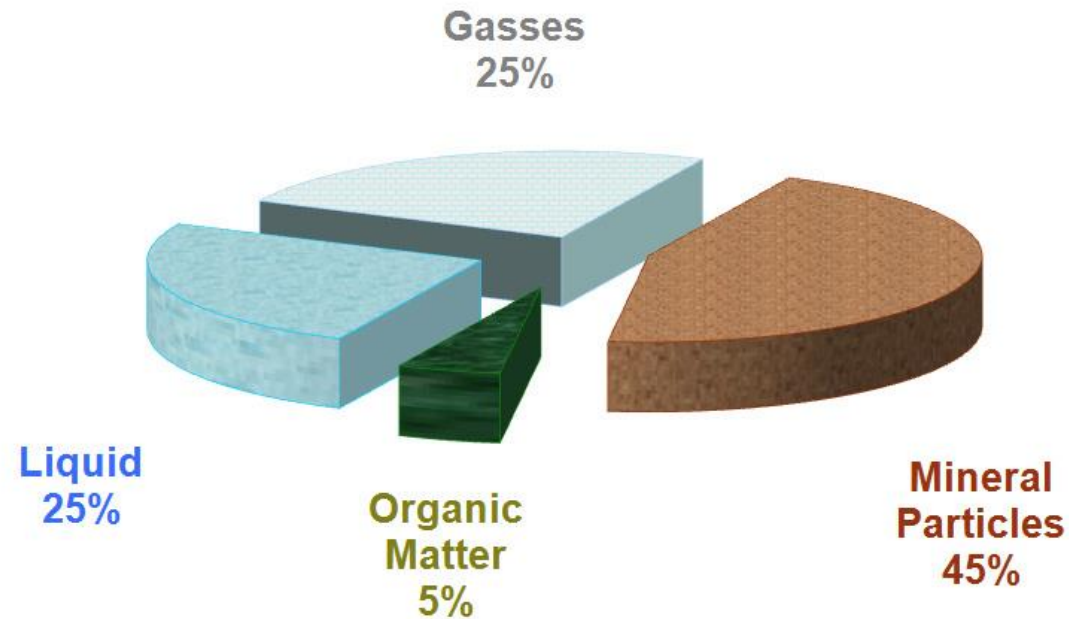


Soil Health - Functionality

- Function – The ability to operate
 - Water Infiltration and Holding Capacity
 - Gas Exchange
 - Nutrient Release

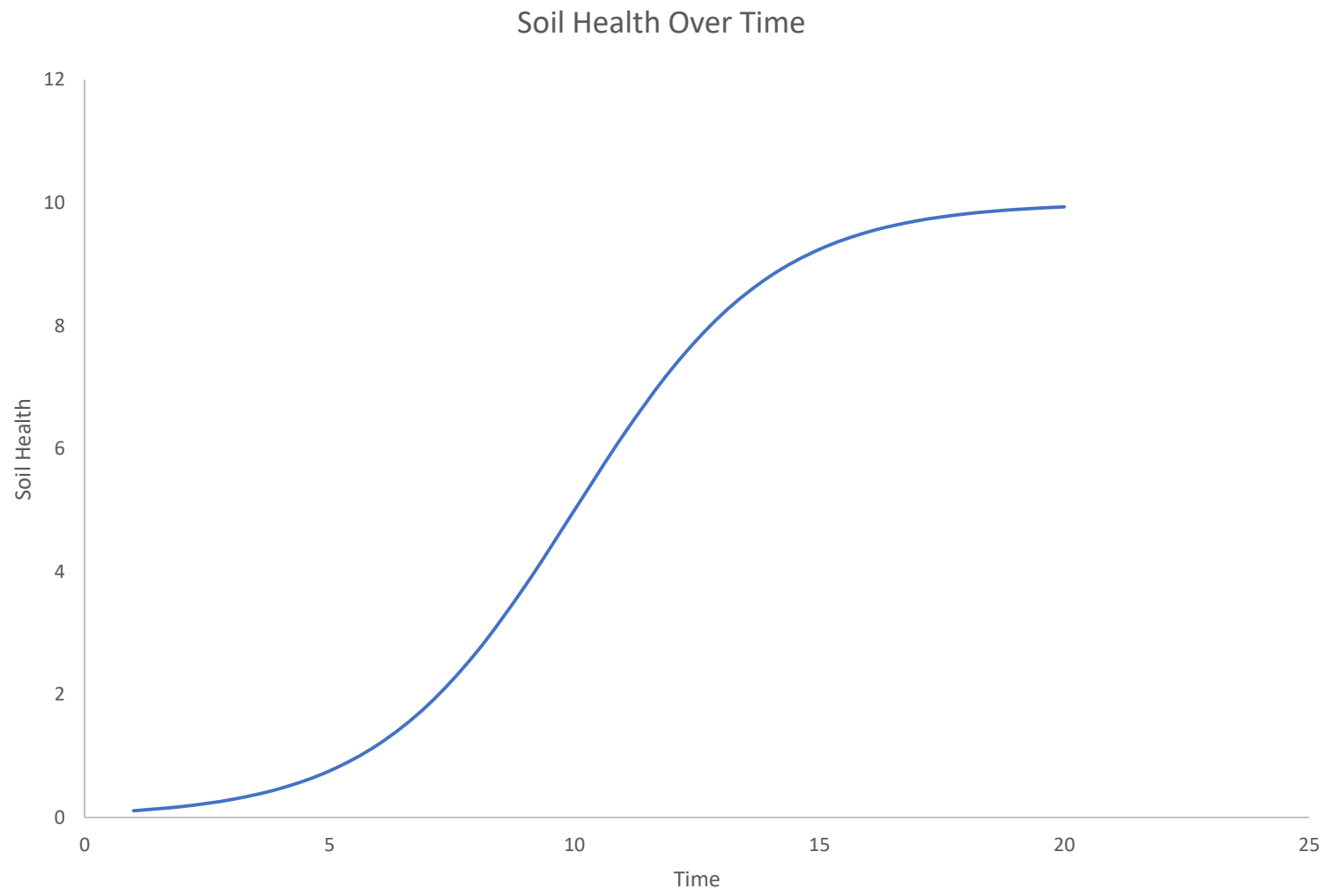
Soil Health-Functionality

- Soils are functional when. . .



Soil Composition by Volume

Soil Health-Functionality

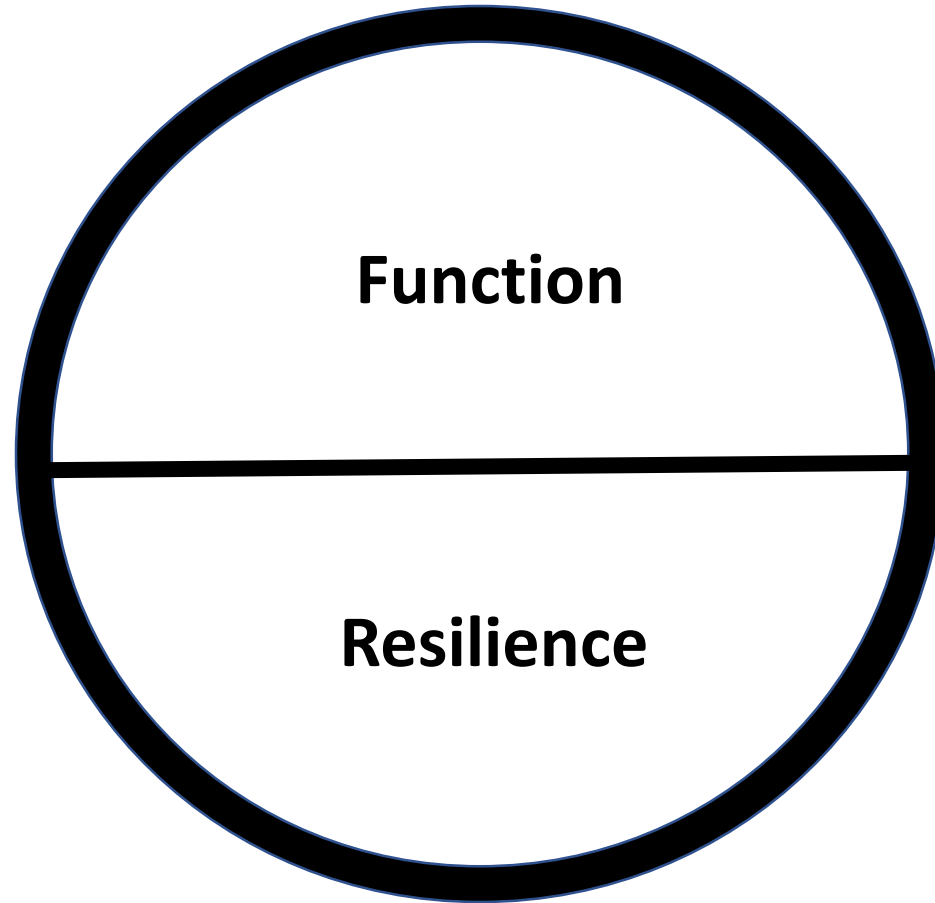


Soil Health-Functionality

- What creates that balance?
 - Balance is created and maintained by microbes.
- When soils are functional are they healthy?
 - What happens when you disturb a soil?

Soil Health

What is it?



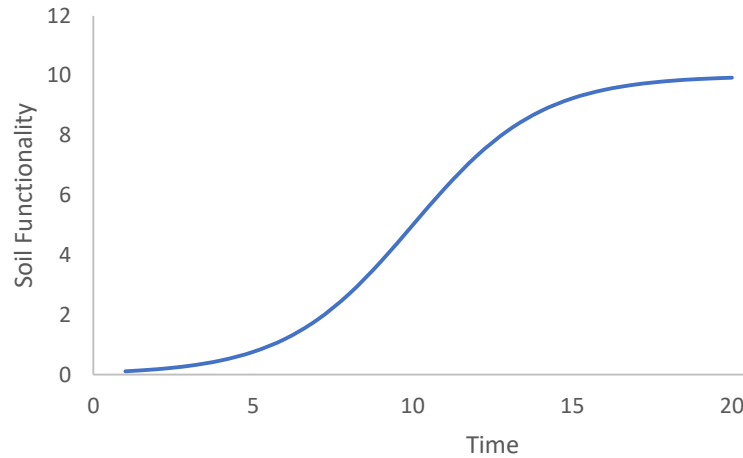
Soil Health- Resilience



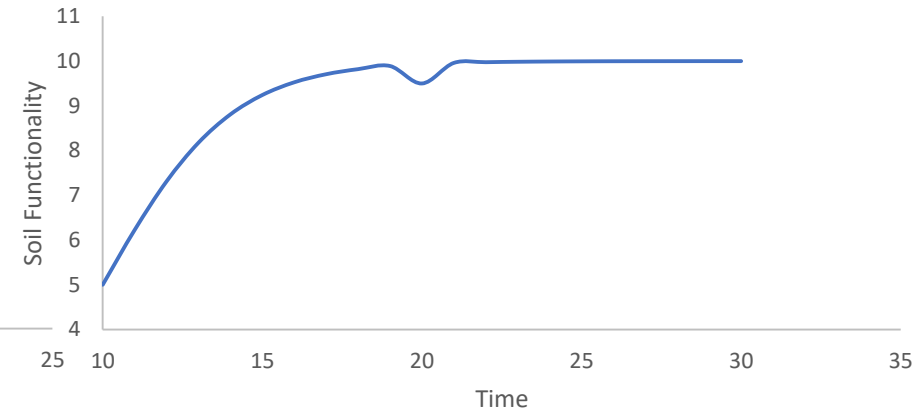
- Resilience – What is it?
- The ability to recover functionality after a disturbance.

Soil Health- Resilience

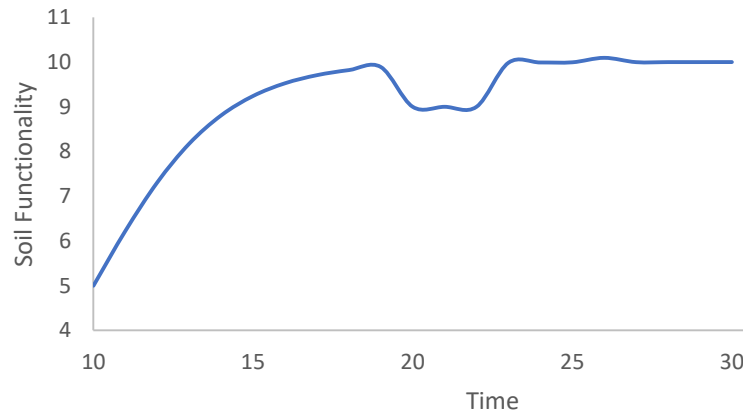
Soil Functionality Over Time



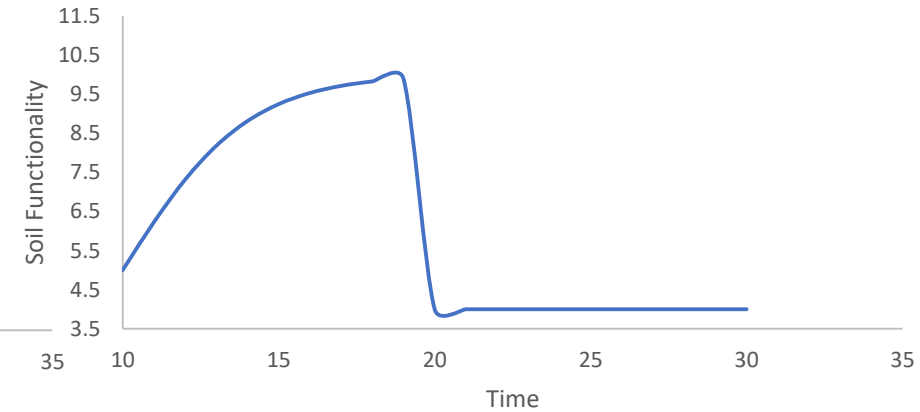
Soil Functionality Over Time with Disturbance
Ex 1: High Resilience



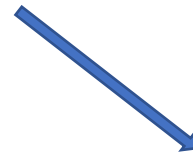
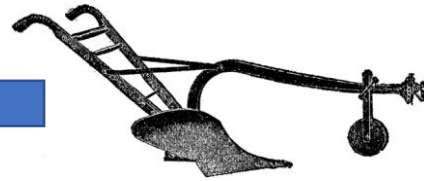
Soil Functionality Over Time with Disturbance
Ex 2: Medium Resilience



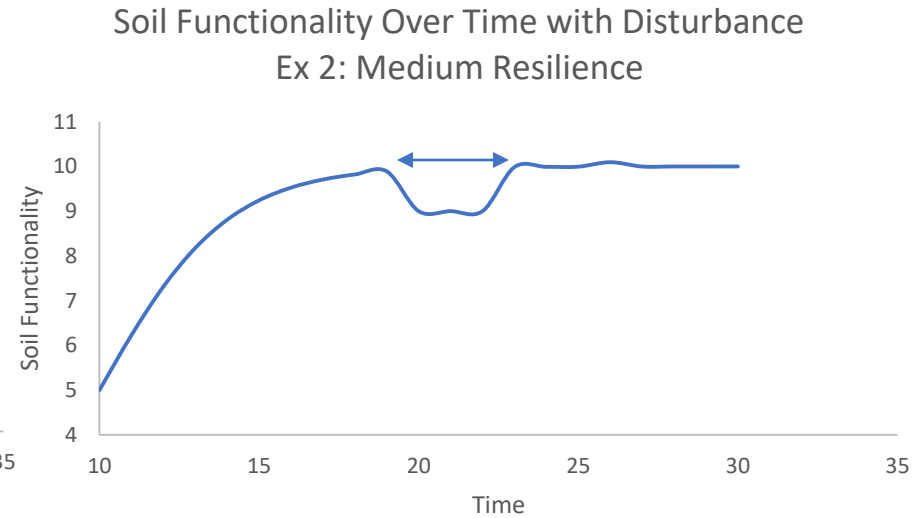
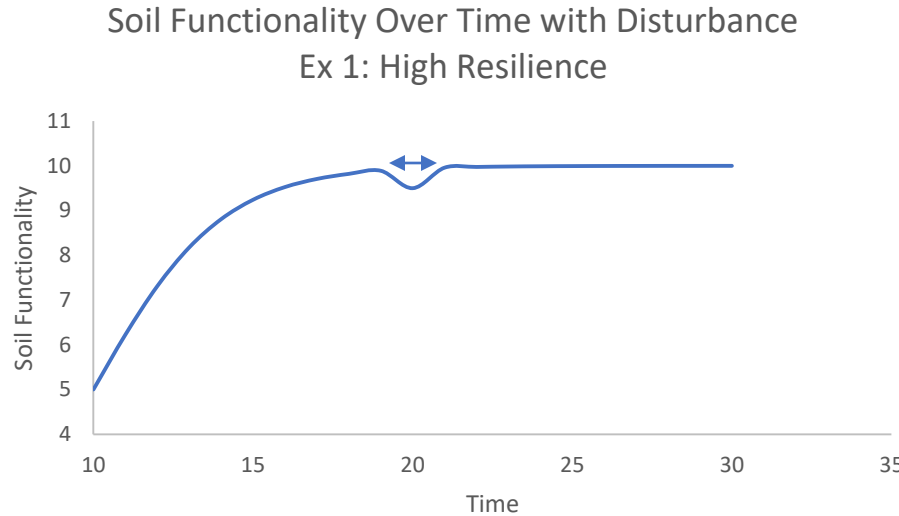
Soil Health Over Time with Disturbance
Ex 3: Low Resilience



Soil Health- Resilience



Soil Health - Resilience



- Resilient soils have a shorter time interval between disturbance and full functionality.
- How do we shorten this time interval?

Farming System

Speed of Life

Elephants

vs.

E. Coli



Maybe?



Divide every 20 min.
 $24\text{hrs} \times 60 \text{ minutes} = 1,440 \text{ min}$

$$1,440\text{min}/20\text{min} = 72$$

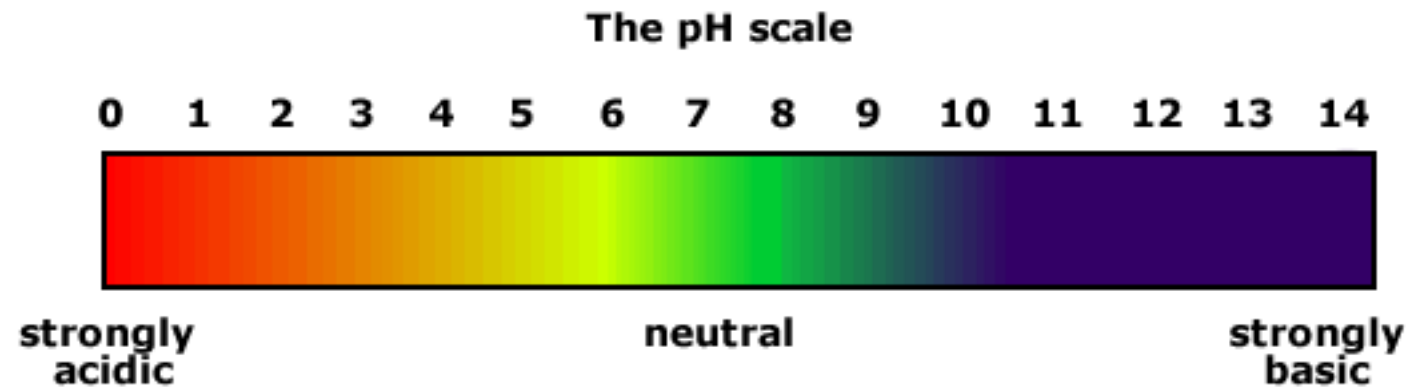
$$2^{72} = 4.72 \times 10^{21}$$

In 24 hours they can cover the earth on layer thick, or approximately the surface area of 1000 acres.

pH

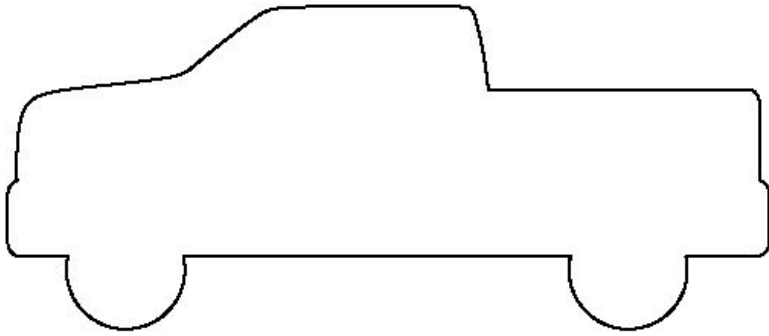
- Bacteria thrive in neutral pH
 - Population numbers double on a gradient between a pH of 4 and 8
 - pH is a determining factor in structuring Bacterial Communities

- Fungi thrive in almost any pH

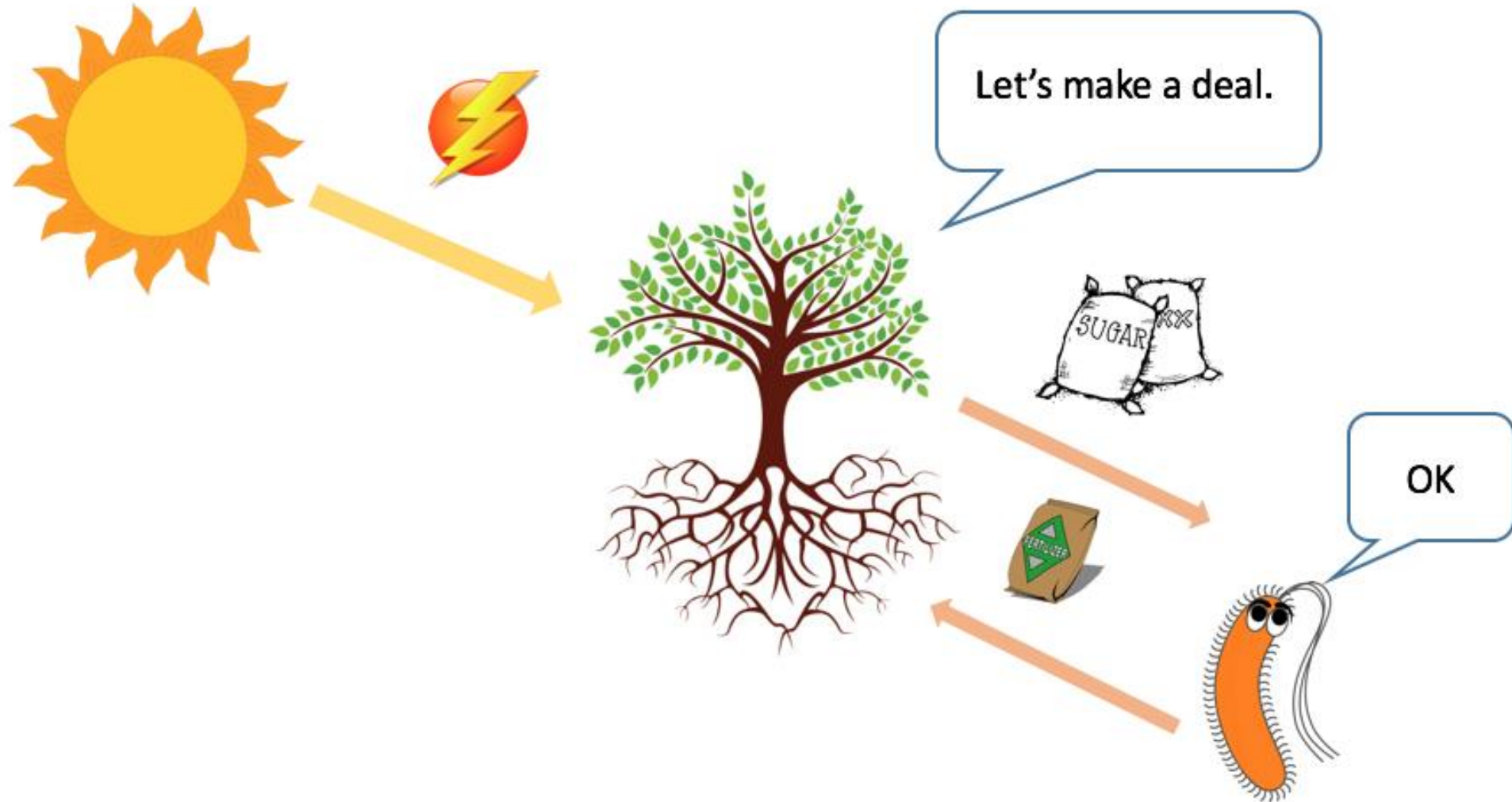


Rousk, Johannes, et al. "Soil bacterial and fungal communities across a pH gradient in an arable soil." *The ISME journal* 4.10 (2010): 1340-1351.

All Complex Systems Need Energy



Energy in the Soil



Energy in the Soil



Energy in the Soil



Switchgrass is a great example of how native grasses have huge root systems. For scale, the grass above ground is at least 4 feet tall, if not taller.

Energy for the Soil System

- Carbon/Food
 - Growing Roots
 - Cover Crops
 - Sugar
 - Compost



Food Sources

Sudan Grass

- Total dry matter above and below ground → 18 T/A
- \$24/50lbs \$16.20
- Management \$30
- Total Cost/A \$46.20
- \$T/OM \$2.56

Compost

- Up to 60 Tons of Compost
 - Compost is 50% Moisture by weight and 50-70% OM
- AT \$50/Ton Delivered \$3000
- Management \$100
- Total Cost/Acre \$3100
- \$/T OM \$172.00

Takeaways

- Adjust pH
 - Creates the right environment for rapid repair of damage
 - Helps with residue breakdown
- Feed soil life
 - Cover crops most effective
 - Repair damage from cropping years



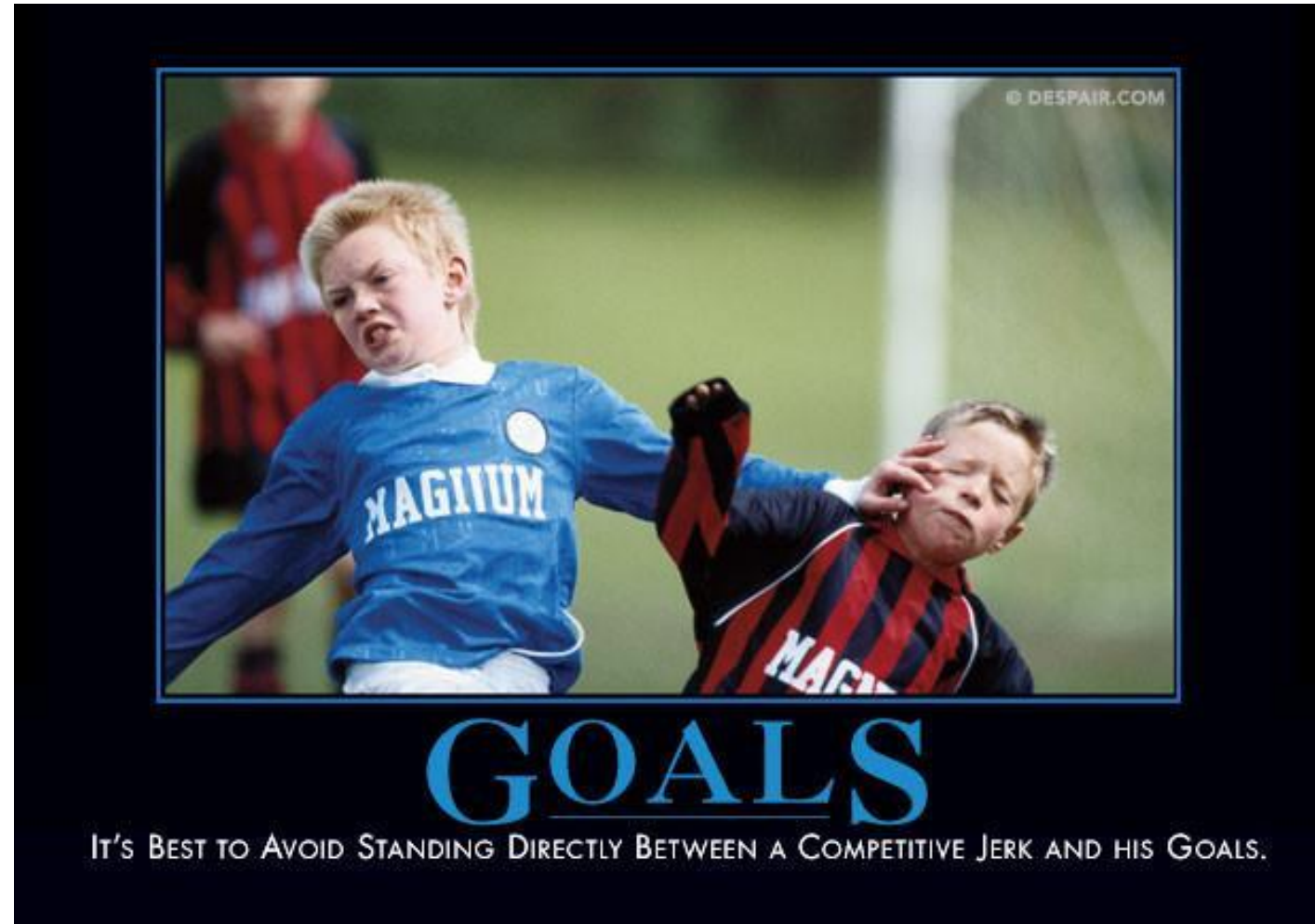
Cultivation

- Goals
- Methods
- How Damage Occurs



Goals

- Reduce weed pressure
- Avoid creating more weed pressure
- Correct damage/other
 - Break crust
 - Dust Mulch



Goals

- Reduce weed pressure
 - “The point of cultivation is to create the largest size differential possible between the weeds and the crop.”

Klass Marten



Goals

- Avoid creating more weed pressure
 - Cultivating to deeply
 - Cultivating to late



Goals

- Correct damage/other
 - Break crust
 - Dust Mulch



Methods-Principles

- Remove weeds at smallest stage possible
- Disturb as little as possible



Methods-Principles

- Remove weeds at smallest stage possible
 - Blind Cultivation
 - Tine Weeding/Rotary Hoeing
 - Weeds are too big when?



Methods-Principles

- Disturb a little as possible
- Most weed seeds germinate in top half inch to inch
- Setting tools below an inch can bring up new weed seeds and lead more cultivation passes



How Damage Occurs

- Oxidation/Aggregate Breakdown
- Compaction
- Bricking/Slicking



Oxidation/Aggregate Breakdown

- Exposes more OM to oxygen
- Leads to OM breakdown by microbes
- Loss of aggregation



Compaction

- Heavy Equipment
- Cultivating Wet



Bricking/Slicking

- Cultivating Wet
- Setting equipment to deep



Ideas for Best Practices

- Reducing Damage
- Repairing Damage



Reducing Damage

- You are going to do damage
- Don't Cultivate Wet
- Shallow cultivation
- Fewest passes possible
- Use the lightest tool for the job



Repairing Damage

- Cover Crops
- Cover Crops
- Cover Crops
- What about residue?



Cover Crops

- Rotation
- Termination
- Planning



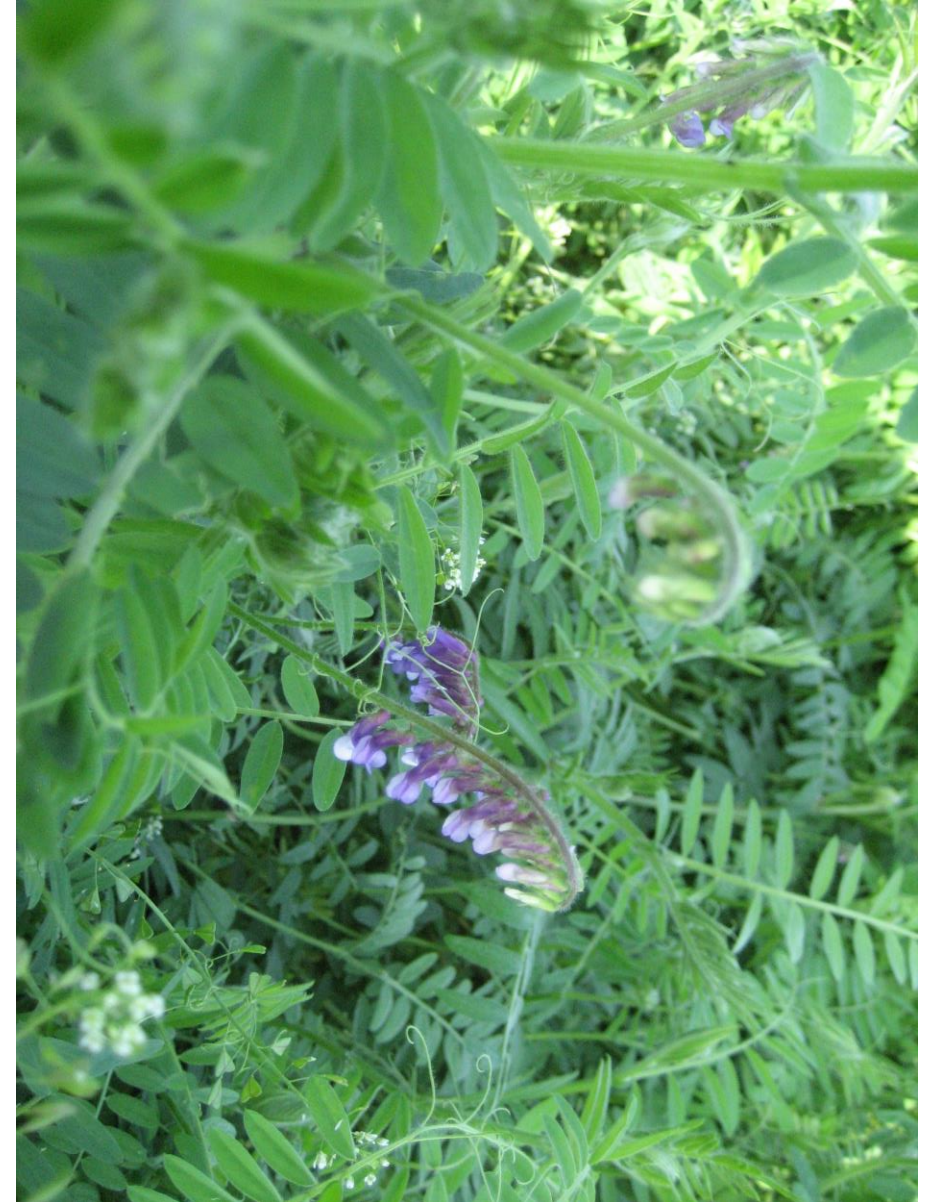
Cover Crops-Rotation

- Cover crops are for in between cash crops on a short run basis
- Stop using Rye as a cover crop
- Soil Building is for taking a year off
 - Rye and Vetch going into winter
 - Sudan with Clover the following summer



Cover Crops - Rotation

- Spring Transplanted Crops, or large directed seeded crops.
 - Winter Killed Barley or Oats
- Small Direct Seeded Crops
 - Nothing
- Summer Crops
 - Hairy Vetch or Clover
- Fall Crops
 - Can have Rye in the Spring, use Buckwheat with Crimson Clover for short summer runs or gaps
- Underseed Crops where possible with clover at last cultivation.



Cover Crops - Termination

- Terminate when in the vegetative state
- Avoid lignified stands
- Shallow incorporate in the the top 4-6 inches for rapid decomposition
- It's about energy, not building OM



Cover Crops - Planning

- Think multiple years ahead
- Always have a backup plan for planting and for termination.



Cover Crops

- Repair the damage from cultivation
- If properly managed the residue is not an issue
- Can be used to help reduce weeds as well



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Summary

- Adjust your pH
- Feed the soil with cover crops, don't be afraid
- Cultivate intelligently
- Be thankful you are farming

