

Produced by: CONNECTION

BOX OF CARDS

Contains: 32 Specialty Crop Cards with information on Illinois crops, including nutritional information, preparation tips, cooking techniques, storage tips, and fun facts. PLUS, a Glossary Card.

Included Specialty Crop Cards: Kohlrabi Asparagus

Leeks

Beets

 Bok Choy • Napini, Rapini & Raab

 Broccoli Okra.

• Brussels Sprouts • Parsnips

 Cabbage Peas

 Carrots Peppers

 Cauliflower & Romanesco Radish

 Chard Rutabaga

 Collards Rhubarb Eggplant Summer Squash

 Fennel Sweet Potatoes

 Flowers Tomatillo Garlic Scapes Tomatoes

 Kale Winter Squash

Honey

Learn more at www.thelandconnection.org

Blogs, recipes, podcasts, additional information, and free downloadable resources!

Turnips