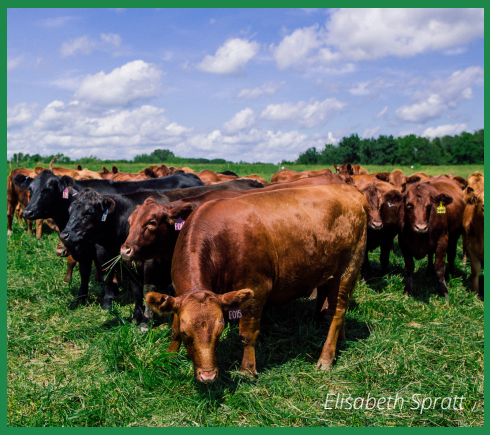
REGENERATIVE GRAZING:
FUNDAMENTALS FOR FARMERS

AN ONLINE SERIES EXPLORING THE FUNDAMENTALS OF REGENERATIVE GRAZING + AN ON-FARM FIELD DAY TO LEARN ABOUT REGENERATIVE GRAZING IN PRACTICE



February 11- The WHY: What is Regenerative Grazing?

February 18 - The HOW: The Nuts and Bolts of Regenerative Grazing

February 25 - Ask Me Anything!

April - On-farm Field Day (date and location TBA - in East-Central or Southeastern Illinois) *Tentative, dependent on COVID conditions*

Online Series: $30
In-person Field Day: $30
Series + Field Day: $50

All online sessions will begin at **9:00 am CST** and be presented by **Kent Solberg**, Livestock and Grazing Specialist with the Sustainable Farming Association of Minnesota. Kent will be joined by Illinois graziers to provide context for implementing regenerative grazing in Illinois.

Have you heard the buzz about regenerative grazing, but still wonder what it all means? We can help! Are you:

- a beef producer hoping to improve your environmental and economic outcomes?
- a row crop farmer looking for a herd to graze your cover crops, or looking to add livestock into your rotation?
- a landowner exploring additional revenue streams?

Join us for an interactive online series that will provide you with a broad understanding of the ins and outs of regenerative grazing. Visit **www.thelandconnection.org/event/grazing-series** to learn more and to **register**.

Why regenerative grazing?

Regenerative grazing can enhance soil health and reduce nutrient loss while supporting farm profitability. This differs from continuous grazing by regularly moving livestock to create a more even distribution of manure throughout the pasture, providing fertility to the land, and allowing it time to rest and *regenerate*. This type of grazing is well-suited for Illinois because it can:

- provide an additional revenue stream to farmers and landowners;
- provide opportunities to grain farmers to integrate livestock into their rotations by grazing fallow fields and cover crops; and
- improve soil health and water quality.

Pasture Project AT THE WALLACE CENTER
ILLINOIS Extension COLLEGE OF AGRICULTURAL, CONSUMER & ENVIRONMENTAL SCIENCES
Champaign County Soil & Water Conservation District
The Land Connection
The Lumpkin Family Foundation